

DSPD AND MEDICAID WAIVER PROGRAMS 101

Overview and eligibility for DSPD and other Utah Medicaid Waiver Programs

Jennifer Gee and Lisa Gaeta, DSPD

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AGENDA/LEARNING OBJECTIVES

OVERVIEW

- **What is DSPD?**
- **What is a Medicaid Waiver?**
- **What services are available through DSPD?**
- **What other Medicaid services are available in Utah for people with disabilities?**

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WHAT IS DSPD?

The Division of Services for People with Disabilities (DSPD) is a State agency that is part of the Department of Human Services.

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WHAT IS DSPD?

The mission of DSPD is to promote opportunities and provide supports for persons with disabilities to lead self-determined lives.

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WHAT IS A MEDICAID WAIVER?

Utah has several Medicaid Home and Community-Based (HCBS) Waivers, and three of these are operated by DSPD: the Community Supports Waiver (which serves children and adults), the Acquired Brain Injury Waiver (18+), and the Physical Disabilities Waiver (18+). We currently have two additional waivers under development.

Waiver programs allow states greater flexibility to be able to provide services to targeted populations that help them to remain in their HOME and in their COMMUNITY, and help prevent the need for institutional care through an Intermediate Care Facility or Nursing Home (see handout).

Find additional information about Medicaid Waivers at
<http://health.utah.gov/ltc/index.html>

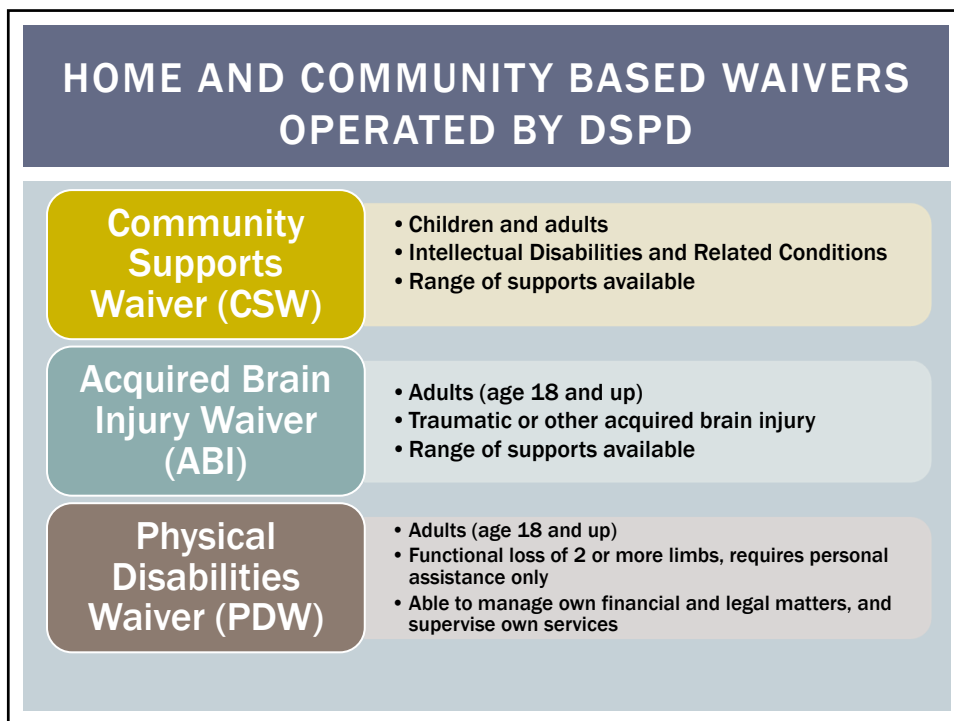
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WAIVERS AND MEDICAID ELIGIBILITY

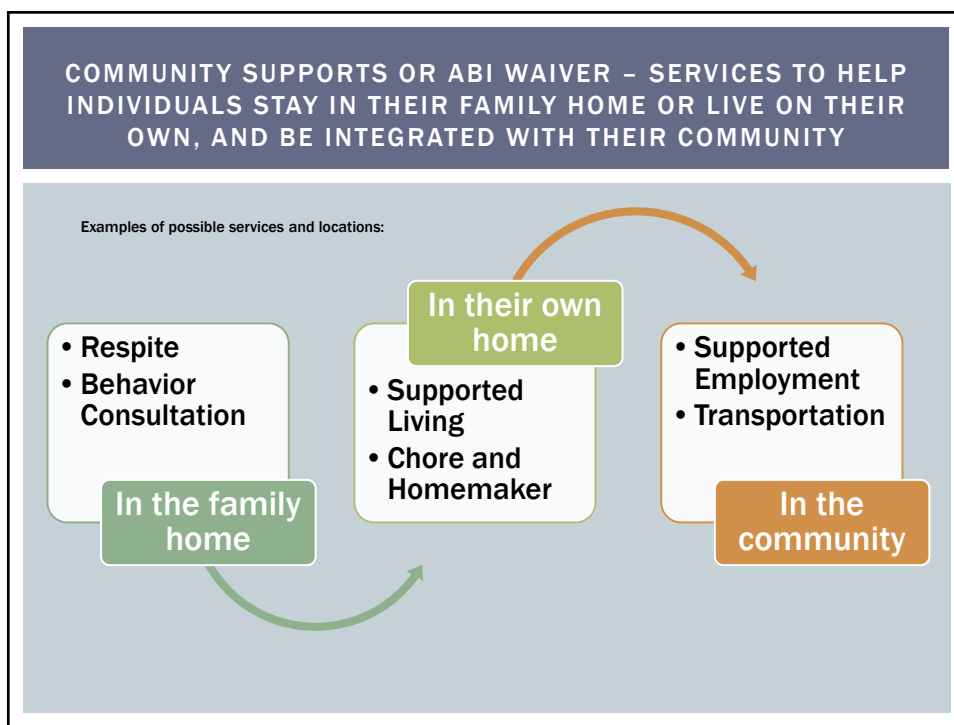
Children who would not be eligible for traditional Medicaid because of family income may be eligible for Medicaid Waiver programs, because the Waiver only counts the income and assets of the person receiving services, not the whole family. Waiver Medicaid is different from ABD (Aged/Blind/Disabled) Medicaid.

If a child or adult has income above a certain amount, they may be required to pay a spend-down (or “cost of care”) to receive the Waiver Medicaid. If they have assets above a certain amount, they may not be eligible for Waiver services. Benefits planning related to income (from work, social security, etc) and assets (savings accounts, trusts, etc) may therefore be an important part of transition planning.

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COMMUNITY SUPPORTS WAIVER – EXAMPLES OF SERVICES AVAILABLE

- **Respite Care:** Respite care is care provided by a trained person that temporarily relieves parents or caregivers from the day-to-day care they provide to the individual with disabilities. It can be provided in the family's home, in the home of the respite provider or in a specialized facility, depending on the needs and preferences of the family or individual.
- **Supported Living:** Supported living provides support, supervision, socialization, personal care, training and assistance in order to help people live as independently as possible. This service is often for those who live alone in their own homes, with roommates, or a spouse and includes help with various activities of daily living necessary for an individual to maintain a self-directed life within the community.

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COMMUNITY SUPPORTS WAIVER – EXAMPLES OF SERVICES AVAILABLE

- **Chore Supports:** Chore services help maintain a clean, sanitary, and safe living environment for persons with disabilities who are unable to complete chore activities on their own. This includes heavy household chores such as washing floors, windows, and walls; snow removal, lawn care; tacking down loose rugs and tiles; and moving heavy items of furniture in order to provide a safe living environment.
- **Companion Services:** This is a non-medical care, supervision, and socialization service for functionally impaired adults. Companions assist or supervise such tasks as meal preparation, laundry, and shopping, but do not perform these services as discrete services. Companions do not provide hands on nursing care but may perform light housekeeping tasks that are incidental to the care and supervision of a person.

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COMMUNITY SUPPORTS WAIVER – EXAMPLES OF SERVICES AVAILABLE

- **Supported Employment:** Supported Employment includes job development, placement, intensive on-the-job training, and supervision by a job coach. It is intended for those people who may not be able to work in the community without some form of support, but does not rise to the same level of supervision as Day Services.
- **Environmental Adaptations:** Environmental Adaptation services allow families to make physical alterations and adaptations to their home as needed to ensure the health and welfare of the individual, or enable the individual to function with greater independence in the home.

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COMMUNITY SUPPORTS WAIVER – EXAMPLES OF SERVICES AVAILABLE

- **Personal Emergency Response Systems:** Provides devices that enable a person to live independently, or with minimal support to summon assistance in an emergency. Examples of this include but are not limited to pill dispensers and HELP call buttons.
- **Professional Medication Monitoring:** Services provided by a nurse to assess the health and safety of medications, ensure that medications are administered as prescribed, and to provide follow-up care.
- **Transportation Services:** DSPD provides a number of transportation options to help a person gain access to waiver and other community services, activities and resources. Examples include UTA passes or paratransit, and transportation can often be modified to meet a person's individual needs.

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WHAT OTHER WAIVERS OR STATE PLAN SERVICES ARE AVAILABLE IN UTAH?

Technology-Dependent Waiver	Medically Complex Children's Waiver	Autism Related Services – no longer a Waiver service
EPAS/WORKABILITY or Personal Care Services	New Choices Waiver	Aging Waiver

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APPLYING FOR DSPD SERVICES – WHO SHOULD APPLY? (CSW)

- Legal Resident of Utah
- Qualifying Diagnosis (Intellectual Disability or Related Condition)
- 3 Substantial Functional Limitations (Self-Care, Language, Learning, Mobility, Self-Direction, Capacity for Independent Living, if 18+ - Economic Self-Sufficiency)

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APPLYING FOR DSPD SERVICES – WHO SHOULD APPLY? (ABI)

- Legal Resident of Utah
18 or older
- Qualifying Diagnosis
(Acquired Brain Injury with qualifying ICD-10 Code)
- 3 Substantial Functional Limitations
(Memory or Cognition, Activities of Daily Life, Judgment and Self-Protection, Control of Emotion, Physical Health, Communication, Employment)

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APPLYING FOR DSPD SERVICES – WHO SHOULD APPLY? (PDW)

- Legal Resident of Utah
18 or older
- Qualifying Diagnosis (Physical Disability with qualifying ICD-10 Code)
- Functional loss of 2 or more limbs, and requiring at least 14 hours per week of personal assistance
 - Be capable of selecting, supervising and training his/her attendant
 - Be capable of managing his/her own financial and legal matters

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APPLYING FOR DSPD SERVICES – HOW TO APPLY?

Call

- 1-844-ASK-DSPD
- talk to an intake worker

Web Site

- dspd.utah.gov
- click on the link to “intake process” under the individuals and families tab

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APPLYING FOR DSPD SERVICES – WHAT INFORMATION IS NEEDED?

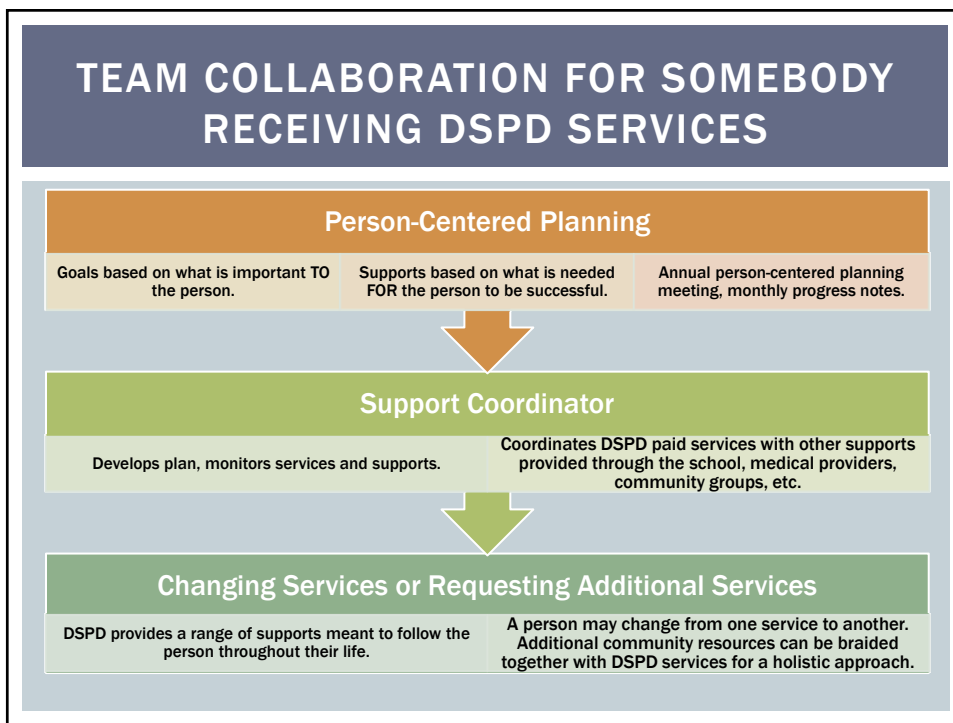
- Form 1-1 - Request for Determination of Eligibility for Services
- Social History
- Release of Information
- Copy of Social Security Card
- Copy of Birth Certificate
- Copy of Medicaid Card – If not applicable, please indicate in the Social History
- Social Security Income – If not applicable, please indicate in the Social History
- Psychological Evaluation with Diagnosis – For children under seven years of age, a Developmental Assessment may be used as an alternative. The assessment must be completed within the last five years.
- Medical Records – Relevant information related to disability, including a diagnosis and corresponding ICD-10 Code

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INFORMATION FOR SOMEONE ON THE DSPD WAITING LIST

Communication and Updates	Services Available While Waiting
<input type="checkbox"/> Waiting List Worker or 844-ASK-DSPD	<input type="checkbox"/> One-Time or Crisis Respite
<input type="checkbox"/> Annual Waiting List Survey	<input type="checkbox"/> Supported Work/Employment
<input type="checkbox"/> Needs Assessment Questionnaire	<input type="checkbox"/> Service Brokering
	<input type="checkbox"/> These are NOT Waiver Services/ the person does not need Medicaid to participate

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IMPORTANT INFORMATION FOR PEOPLE WHO ARE TURNING 18

Adult SSI and Medicaid	<ul style="list-style-type: none"> • Even if the person had SSI as a child, they will need an adult disability determination through Social Security • They will need this to get Medicaid as well as SSI as an adult
Guardianship	<ul style="list-style-type: none"> • Guardianship Signature Program • Alternatives to guardianship – such as Power of Attorney
DSPD – Functional Limitations	<ul style="list-style-type: none"> • Economic Self-Sufficiency is considered at age 18 • Criteria for other functional limitations may change • The person's eligibility may change as a result – if a person was previously found ineligible, is there new information at this age that should be looked at again?

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CONTACT INFORMATION

<ul style="list-style-type: none"> ■ Lisa Gaeta (801) 538-3968 lbuchanan@utah.gov 	<ul style="list-style-type: none"> ■ 1-844-ASK-DSPD (1-844-275-3773)
<ul style="list-style-type: none"> ■ Jennifer Gee (801) 386-2195 jegee@utah.gov 	<ul style="list-style-type: none"> ■ Website: https://dspd.utah.gov/intake-process/ ■ Fax: (801) 538-4279

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